



TIP TUESDAY

A weekly guide to help you
kick your plastic habits.



Plastic-Free Classroom

How do you plan to start this school year by reducing your or your children's plastic footprint? Share your tips with Clean Ocean Action using the hashtag [#BacktoSchoolWithoutPlastic](#) !

Fast Fact #1

PVC products are often labeled with the words "vinyl" on the packaging, such as vinyl 3-ring binders.

(Center for Health, Environment & Justice)

Tips for Your First A+ this Year!

School Supplies

- Look for backpacks made from natural fibers.
- When purchasing paper clips buy the 100% recycled metal clips (after use recycle); colored paper clips are coated with PVC.
- Schools often provide a very specific list of items to purchase. However, many are made from recycled materials such as paper and pens (Staples sells [BIC® ECOLutions™](#) pens). See below for a list of common items not made from plastic or for recycled alternative solutions:



- o Pink Erasers - Made from rubber
- o Pencil Sharpener - Sustainable wooden sharpeners
- o Pencil Case - Natural cloth or recycled cosmetic case
- o Pocket Folders - Recycled paper
- o Lined & Plain Paper - Recycled paper
- o Ruler - Sustainable wooden ruler
- o Scientific Calculator - 20-50% recycled plastic calculators available
- o Highlighters - Jumbo Eco Highlighter Pencils now available, do not bleed or dry out
- o Stapler - Sustainable wooden stapler



- Choose plain wooden pencils made out of sustainable wood or recycled materials (these are available on Amazon.com) or use re-fillable metal pencils.

- Avoid flashy binders covered in plastic and opt for cardboard or natural covering. This allows your child to be creative and to decorate their own notebook.

Fast Fact #2

When you shop with [Amazon Smile](#) a percent of your purchase is donated to Clean Ocean Action. Give your child the best, plastic-free education and help the environment at the same time!



Go Plastics-Free and end your plastic habits today!

- 1) [Click here to sign our pledge](#)
- 2) Tell us how you're doing and share your ideas
- 3) Encourage others to take the pledge
- 4) Spread the word via Social Media

Have an idea for a tip?!?

Contact Lauren:

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